Nov 20, 2026

Bridging Generations

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Session 6 Recap

Theme: Building Digital Literacy Skills













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Session 6 Recap

Could you tell a real celebrity photo from an AI-generated image? That was the challenge at this week's Bridging Generations session. We put our detective skills to the test, comparing photos and sharing our guesses. Some were trickier than we expected!
We explored how to use AI, what it can do today, and how it might help with everyday tasks like brainstorming ideas or explaining an unfamiliar topic. The guessing game got us thinking about how often we trust what we see online and when it's worth taking a closer look.

Our youth also took the lead by sharing their favourite apps with our seniors and explaining what they like about them. It was a chance to learn directly from one another and see how different generations use technology in their everyday lives.

Midway through the session, we took a break for cake and sang "Happy Birthday" to our program volunteer Ishir. Happy birthday, Ishir! We also enjoyed another round of delicious pizza from Austin Heights Pizza. A big thank-you to Riya and her family for treating us again!



