



Youth Empowering Youth (YEY) Program

Vision

We inspire youth to be accountable for their own thoughts, feelings and actions; helping them become responsible citizens in this world.

Our vision is to help all schools across the world create a culture that empowers, strengthens and develops leaders for the next generation.

Goal

By September 2021 be a required program across Canada.

Mission

To create a safe environment for youth to cultivate a sense of security, confidence and self-assurance within themselves.

Outcome

We all have unique gifts and intrinsic value to offer to the world. Our program will serve as a catalyst to help youth explore their talents and contribute to the community in a powerful, positive and meaningful way.

Organization

Youth Empowering Youth (YEY) is a division of Low Entropy, a registered Charity (72784 7691 RR0001), that is making personal growth accessible to all, and in doing so providing people with the tools to change themselves and the world. Organizations and individuals talk about changing the world, but many of their methodologies are missing something. As people grow the program needs to grow, what's unique about our program is that it has a template and a structure to foster growth and development in an intentional, adaptable, customizable, and scalable way. Change starts from within, and our firm see's personal growth as a vehicle for global change.

*****YEY is a cost-free program requiring no funds, or compensation*****



Program

YEY is a nine-session accelerated program run by two trained Facilitators who are passionate about helping youth. The program is designed to be offered once a week for 90 minutes in an online class setting that encourages student participation. Each class shares a new principle which builds upon the previous principle; ultimately helping students take accountability for their thoughts, feelings and actions; thus, moving them into a place of confidence, security and self-assurance. Upon completion of this program, youth are offered an opportunity to take on a leadership role and co-facilitate future courses to help empower more youth within their school or community.

YEY curriculum is a derivative from the Slight Edge Principles. The principles shared during this nine-week program are as follows:

Session 1 – Ripple Effect

Session 2 – Attitude Creates Your Life

Session 3 – The Moment You Stop Blaming, You Take Back your Power

Session 4 – Take Action! With Small Steps

Session 5 – Fail Forward to Success

Session 6 – Drive Your Life with Powerful Habits

Session 7 – Be a Student of Life

Session 8 – Momentum is your Responsibility

Session 9 – Graduation & Next Steps

In addition, we also offer a Children's version of the program which is 8 sessions long, offered twice a week for 60 minutes, 4 weeks in total. <https://linktr.ee/youthempoweringyouth>

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