



LOW ENTROPY
FOUNDATION

2022/2023

Organization Report

AT LOW ENTROPY, CHANGE STARTS FROM WITHIN
Low Entropy is a charity that is making personal development accessible to all. In doing so, we provide people with tools to change themselves and their surroundings.

Imagine what 8 billion people will accomplish when we all love and respect each other... Imagine.

Annual Review

The year 2022/2023 was a transformative period for our charity as we emerged from the challenges of COVID-19 stronger and more connected to our community than ever before. Our unwavering commitment to making a difference allowed us to achieve remarkable milestones that have shaped our organization's future.

One of the highlights of the year was the successful organization of our first-ever multicultural festival. This event not only celebrated the diversity of our community but also served as a powerful platform to foster unity and understanding among different cultures. It was a resounding success, bringing people together and showcasing the richness of our community's heritage.

In addition to the festival, we ventured into new territory by launching a Thrift Store. This social enterprise not only provided a sustainable source of funding for our programs but also offered affordable options for our community members. It became a hub for individuals to donate and purchase goods, while simultaneously promoting the principles of recycling and reducing waste.

Furthermore, we were thrilled to welcome Ness Gale as our new Assistant Executive Director. With her expertise and vision, Ness brought fresh perspectives and invaluable leadership to our team. Her dedication to our mission and her ability to inspire others has been instrumental in driving our organization forward.

Looking back at the year, it is evident that our charity has grown stronger, more resilient, and deeply connected to the community we serve. The challenges we faced only reinforced our commitment to making a positive impact. The future looks bright for our organization thanks to the enthusiasm of our dedicated team, the generosity of our volunteers, and the support of our community. Together, we are shaping a brighter future for all.

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THANK YOU

An expression of our gratitude

PROGRAM *highlights*



In January 2023, we established a new partnership with Fraser River Indigenous Society to provide our CARE food hamper and friendly phone call program to their clients.

In March 2023, we celebrated one year of our JOY Seniors program with our lovely program participants sharing memories and gratitude with each other.

"THE JOY PROGRAM HAS GIVEN ME SOMETHING TO LOOK FORWARD TO EACH MONTH. I MADE NEW FRIENDSHIPS AND I WAS LIFTED OUT OF MY SENSE OF ISOLATION."
- JOY PARTICIPANT



We also ran our second Expressive Arts program for youth who attend alternative schools, through the support of our Adler University Practicum Students. Youth were able to find a new outlet to express their thoughts, feelings, and actions while being in a safe, supportive group.

FINANCIAL *reports*

Low Entropy Foundation Balance Sheet

	As of Mar. 31, 2023	As of Mar. 31, 2022 (PY)
Assets		
Current Assets		
Cash and Cash Equivalent		
1-1110 Operating account- Vancity	175,947.63	278,429.35
1-1115 T&F Cash Till	139.20	-
1-1120 Gaming Account- Vancity	22,000.00	-
Total Cash and Cash Equivalent	\$ 198,086.83	\$ 278,429.35
Accounts Receivable (A/R)		
Accounts Receivable (A/R)	45,303.68	-
Total Accounts Receivable (A/R)	\$ 45,303.68	\$ 0.00
1-2029 Other Receivable	13,414.86	-
1-2030 Prepaid Expenses	14,261.00	154,000.00
1-2300 GST Refundable	899.47	295.93
Total Current Assets	\$ 271,965.84	\$ 432,725.28
Non-current Assets		
Property, plant and equipment		
1-6100 Computer and System Software	4,547.97	1,884.11
1-6200 General Equipment	4,312.93	-
1-6300 Furniture/Fixture	8,351.25	-
1-7100 Accum. Dep. Computer & Sys Software	(2,611.95)	(1,538.73)
1-7200 Accum. Dep. General Equipment	(1,363.62)	-
1-7300 Accum. Dep. Furniture/Fixture	(1,464.86)	-
Total Property, plant and equipment	\$ 11,771.72	\$ 345.38
Total Non Current Assets	\$ 11,771.72	\$ 345.38
Total Assets	\$ 283,737.56	\$ 433,070.66

FINANCIAL *reports*

Liabilities and Net Assets

Liabilities

Current Liabilities

Accounts Payable (A/P)

2-0000 Accounts Payable

1,874.00

200,000.00

Total Accounts Payable (A/P)

\$

1,874.00

\$

200,000.00

Credit Card

2-3000 Vancity Gold Visa Card

6,464.13

3,324.51

Total Credit Card

\$

6,464.13

\$

3,324.51

2-4400 WCB Payable

1,032.67

-

2-5520 PST Payable (BC)

1,015.00

-

2-6000 Grants Received in Advance

97,042.00

223,920.00

2-6010 Donation Received in Advance

11,875.00

-

2-7000 Accrued Expenses

6,977.09

-

Payroll Liabilities

Federal Taxes

9,466.80

-

Total Payroll Liabilities

\$

9,466.80

\$

0.00

Total Current Liabilities

\$

135,746.69

\$

427,244.51

Total Liabilities

\$

135,746.69

\$

427,244.51

Net Assets

Accumulated Funds

5,826.15

4,968.05

Excess of Revenue over Expenses for the year

142,164.72

858.10

Total Net Assets

\$

147,990.87

\$

5,826.15

Total Liabilities and Net Assets

\$

283,737.56

\$

433,070.66

Low Entropy Foundation Profit and Loss

April 2022 - March 2023

	Apr. 2022 - Mar. 2023	Apr. 2021 - Mar. 2022 (PY)
Revenue		
4-1000 Donation		
4-1050 Restricted Donations	850.00	-
4-1100 Unrestricted Donations	51,831.93	32,337.78
4-1150 In-Kind Donation	300.00	-
Total 4-1000 Donation	\$ 52,981.93	\$ 32,337.78
4-2000 Major Grants		
4-2050 CWRG Grant	192,081.56	72,720.00
4-2100 Gaming Grant	22,000.00	27,000.00
4-2150 PBLMT Grant	1,148,434.21	-
4-2200 WEOG Grant	50,000.00	50,000.00
4-2250 CSJ Grant	47,373.00	-
Total 4-2000 Major Grants	\$ 1,459,888.77	\$ 149,720.00
4-3000 Other Grants		
4-3010 City of Coquitlam	-	15,000.00
4-3020 Community Food Center	20,000.00	-
4-3040 Hamber Foundation	-	2,000.00
4-3050 Mazon	3,120.00	3,145.00
4-3060 Seniors Grant	25,000.00	-
4-3070 Telus	-	20,000.00
4-3080 Vancity	30,000.00	-
4-3100 Youth Employment Program	-	3,975.20
4-3990 Other Misc. Grants	21,172.00	-
Total 4-3000 Other Grants	\$ 99,292.00	\$ 44,120.20
4-8000 Program Management & Administration		
4-8020 CWRG Program Administration	5,621.68	-
Total 4-8000 Program Management & Administration	\$ 5,621.68	\$ 0.00
4-9000 Other Income		
4-9020 CARE Program Management	30,849.60	-
4-9030 T&F Sales	6,114.03	-
Total 4-9000 Other Income	\$ 36,963.63	\$ 0.00
Total Revenue	\$ 1,654,748.01	\$ 226,177.98

FINANCIAL *reports*

EXPENSES

5-1000 Wages	197,782.82	40,130.00
5-2000 MERC	-	2,531.59
5-2050 EI	4,328.16	-
5-2100 CPP	9,259.77	-
5-2150 WCB	3,140.81	-
Total 5-2000 MERC	\$ 16,728.74	\$ 2,531.59
5-3000 Employment Benefits		
5-3050 Health Insurance	3,692.94	-
Total 5-3000 Employment Benefits	\$ 3,692.94	\$ 0.00
6-1000 Contractor Costs		
6-1050 EAS Provider	-	6,109.09
6-1100 Executive Director	35,945.84	22,080.00
6-1150 Facilitators	18,286.25	10,000.00
6-1200 Job Developer	118,769.82	-
6-1250 Program Manager	117,498.14	60,520.00
6-1300 Training Providers	791,745.46	54,545.45
6-1350 Volunteer Coordinator	700.00	1,500.00
6-1400 Grant Writer	4,000.00	-
6-1405 Social Media Manager	2,160.00	-
6-1410 Store Associate	390.00	-
Total 6-1000 Contractor Costs	\$ 1,089,495.51	\$ 154,754.54

FINANCIAL *reports*

7-1000 Program Delivery

7-1010 Membership Fee	1,024.50	90.00
7-1020 Bank Fee	648.01	165.17
7-1030 Fundraising Expenses	11,168.33	425.11
7-1040 General Board Expenses	237.59	1,577.58
7-1050 Insurance	1,256.00	1,340.00
7-1060 Audit Fees	2,625.00	-
7-1070 Phone & Internet	4,397.60	1,867.54
7-1080 Website	977.04	572.28
7-1090 Professional & Training Expense	25,115.86	3,615.09
7-1100 Marketing & Social Media Management	10,503.60	2,374.32
7-1110 Accounting Fees	21,026.30	1,155.10
7-1120 Communications	7,530.18	3,159.23
7-1125 Community Events	1,989.67	-
7-1130 Travel and Mileage	1,763.96	244.52
7-1140 Art Supplies	359.31	-
7-1150 Food & Beverage	1,448.26	2,445.71
7-1160 Participant Support & Reimbursements	23,550.16	2,290.91
7-1170 Rent and Utilities	49,860.65	-
7-1180 Office Expense & Supplies	19,133.61	9.75
7-1190 Equipment & Furniture	1,267.27	-
7-1990 Miscellaneous	4,052.52	150.00
7-8010 Depreciation	3,901.70	376.83
7-8090 Loss on Asset Disposal	6,471.25	-

Total 7-1000 Program Delivery

\$ 200,308.37 \$ 21,859.14

9-1000 Program Administration Fee

9-1100 Program Administration	-	5,454.55
9-1990 Other Administration	4,574.91	590.06

Total 9-1000 Program Administration Fee

\$ 4,574.91 \$ 6,044.61

Total Expenses

\$ 1,512,583.29 \$ 225,319.88

Excess of Revenue over Expenses

\$ 142,164.72 \$ 858.10

NEW *ideas*

This year was filled with new, creative ideas for Low Entropy and our community. After so much time spent online during the pandemic, we refocused on getting back together in-person to rebuild community and connection.

1 THRIFT & FUND

A new environmentally sustainable initiative that also funds Low Entropy community programs and services? We're in! Welcome to Thrift & Fund, the Tri-Cities newest thrift store where your donations and purchases go straight back to making an impact in your community. Burquitlam Plaza #408 - 552 Clarke Rd, Coquitlam

2 TRI-CITIES COMMUNITY MARKET

This year we launched a new initiative to support local small businesses - the Tri-Cities Community Market! Taking place quarterly, this market brings together local vendors, artisans, and service providers to showcase their goods and services to the community. Shop local and support your community!

3 TRI-CITIES COMMUNITY BUILDING

In order to find out the needs of a community, is there any better way than to ask its members directly? Cue our Tri-Cities Community Building sessions where we worked with non-profits, businesses, and individuals to identify the key gaps in the community and co-create solutions.

VOLUNTEER SPOTLIGHT



TAJPREET GREWAL

Facilitator
CARE Program Manager

Our dear Taj has been with Low Entropy since January 2022 and has become a renaissance man of volunteering. He began his journey as a facilitator for that Conscious Connections program, eventually making his way onto the leadership team where helped implement many changes to creating connection through authentic and open conversations.

He is always present in some capacity at the various events held by Low Entropy from establishing partnerships with stakeholders for our Multicultural Connections Festival to simply sweeping up after a long day at our Tri-City Community Markets.

Taj's positive presence acts as a seed that inspires those around him to show up with enthusiasm and joy. We are honoured to have him continue his journey with us, as he manages the C.A.R.E. Program which strives to provide food sustainability to at risk homes.



AISHA HAVYARIMANA

Thrift Store Supporter

Aisha Havyarimana is a passionate social work student and dedicated solo mother to a toddler. Through her volunteer work at Low Entropy Foundation, she has rediscovered her love for helping others and community. As a solo mother, Aisha understands the importance of resilience, empathy, and community. Committed to creating positive change, Aisha actively participates in community events, provides assistance wherever needed and always has a smile on her face while doing so. Aisha believes in the power of collective action and the profound impact we can have when we come together.

Join Aisha in spreading love, compassion, and empowerment to all those she encounters through her work at Low Entropy Foundation.

VOLUNTEER SPOTLIGHT



LO LAURIN

Expressive Arts Facilitator

Lo is a lover of movements and thrives in the juicy space where creativity meets social transformation. Joining Low Entropy with a social justice practicum for their Masters in Counselling at Adler University, Lo has spearheaded developing our Expressive Arts programming for grade 6 high-school students. This program shares tools for personal development, emotional intelligence, and communication using fun activities from dance, drama, writing, drawing, music, and mindfulness. Lo is also supporting copywriting and web development for a partnership with the Racialized, Immigrant, and Refugee Womens' Society, and has pitched in to help organize items for our thrift store.



ERFAN TORFENEJAD

Youth Board Member

Erfan is a recent high school graduate and soon-to-be college student. With only three years under his belt living in Canada, he has gained an immense wealth of knowledge in the volunteering space. Starting from a young age he has always had a deep-rooted desire for people and to give a hand to anyone in need. His passion has allowed him to create and lead many clubs at his high school with the intended goal to give empower youth.

VOLUNTEER SPOTLIGHT



DHVANI PAREKH

JOY Volunteer Coordinator

Dhvani joined Low Entropy in June '22, having just moved to Canada in April '22. Dhvani was looking for meaningful ways to interact with the local community, so when she came across Low Entropy, she knew that she could put her prior volunteering experience in India to good use. Dhvani recruited new JOY volunteers and supported the planning and execution of the program's monthly events. Interacting with seniors with her warm smile and infectious energy, Dhvani ensured that the events provided a safe space.

Dhvani truly believed in the work she was doing, and understood the importance of facilitating social connections. Together with the team, Dhvani was proud to have created a positive environment for the seniors, where they could just be themselves, learn and have some fun! Dhvani also contributed a poem on the theme of 'Enlightenment and Realisations' which was published in the sixth issue of the Low Entropy magazine: Likeness. Dhvani has always believed that the best way to know people is by being there for them, and Low Entropy provided her with exactly that, a chance to be there for others.



UGOCHI GUCHY KALU

Blog Writer

Ugochi Guchy Kalu is a community development enthusiast who believes in giving back to society as many blessings as one receives. She started volunteering for Low Entropy in Sept 2021 as a content creator on the twitter team. She leveraged her advanced graphic design skills to create flyers, images and media broadcasts that were in line with the tenets of the foundation. By Mid-2022, Guchy joined the blog writing team as a creative writer, using her creative writing skills to share her life experiences. Guchy has designed 200+ contents for the twitter team and has published over 8 articles for the blog. These two activities she manages concurrently. Guchy has worked and connected with amazing people while volunteering, she is very grateful for her twitter team lead Sifat, who not only encouraged her design skills but pushed her into writing on a larger scale. It is her uttermost desire to see people from all over the world come together in love, harmony, and unity of purpose via volunteerism.

LOOKING *ahead*

FOCUSING ON THE FUTURE

In the wake of the COVID pandemic, finding safe, sustainable, and profitable employment has been a challenge. With thousands out of work and the industry scrambling to recover, it's more important than ever for the most vulnerable in our community to have safe, secure, and meaningful employment.

Looking ahead, Low Entropy is focusing on supporting individuals in every stage of the employment process. We don't believe that education should be a barrier to a healthy, fulfilling professional life, and in addition to pragmatic, job-focused training, we are also providing personal development services. This is about more than just finding a paying position—it's about building a strong future for individuals that, in turn, builds a strong future for our community.

PROJECT-BASED LABOR MARKET TRAINING

This year, Low Entropy's Employment Services Program is actively seeking new partners to collaborate and deliver employment training in the following areas: Addictions Counselling, Medical Office Assistant Training, Administration and Bookkeeping.

COMMUNITY HUB

Currently our community is divided, with important organizations often working in silos. As competition for space and funding increases, these siloes are furthered and gaps emerge in our social service programming - e.g., in mental health and food security. Providing collaborative and affordable space will break down the silos by allowing community organizations to come together as a "One Stop" Hub that supports the community with wraparound services. For example, multicultural programming, child care, mental health support, and food security. By co-locating different types of cultural and social service organizations, hubs enhance community engagement, strengthen social networks among community members and build social capital within the community through shared events.

Let's work together to create a thriving community!

DONOR RECOGNITION

CATEGORY OR GIFT LEVEL: \$10,000+

Project Based Labor Market Training Grant - Province of BC
Community Workforce Response Grant - Province of BC
New Horizon's
Community Food Center
British Columbia Gaming Grant
Vancity
Anonymous Donor

CATEGORY OR GIFT LEVEL: \$5,000 - \$9,999

Anonymous Donor

CATEGORY OR GIFT LEVEL: \$1,000 - \$4,999

Mazon
Anonymous Donor

THANK YOU

The year 2022/2023 has been a remarkable journey filled with novel experiences and groundbreaking ideas. As we united in the face of challenges, we witnessed the immense power of our programs and the unwavering strength of our community. Together, we are forging a path towards a future characterized by compassion and brightness, leaving a lasting impact for generations to come.

The dedication of the Low Entropy team in fostering love, empathy, and connection knows no bounds, and it is all made possible by the support and generosity of individuals like you. From the depths of our hearts, we express our deepest gratitude for your continued support. Your contributions have been instrumental in driving our mission forward, and we are incredibly grateful for your partnership in creating a better world.

CONTACT US

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